



**DR. RICHARD
BARNETT
FOUNDATION**

Scholars Program

Where Dreams Take Flight

DRBFNY.org

A Case Study

OUR PARTNERS



Robin

WHO WE ARE

We believe success in life starts with education, mental wellness and big dreams.

The Dr. Richard Barnett Foundation Scholars Program levels the playing field for underrepresented high schoolers by giving them the tools to unlock their confidence, ambition and purpose. We know that our scholars are so much more than just students. By educating and mentoring the whole person, the DRBF Scholars Program sets its scholars up for success in life, not just high school and college.



THE CHALLENGE

The DRBF Scholars Program addresses the ever-increasing challenges faced by underrepresented youth today. 1 in 4 children don't have role models, according to a study conducted by the Institute of Technology & Engineering. Moreover, COVID-19 has drastically widened the opportunity gap for low-income students and students of color, causing all-time-high rates of learning loss. Incoming high school students have missed the key developmental milestones that come from in-person learning in middle school.

The result? Our students are facing challenges academically, but also emotionally. 1 in 3 teens will meet the criteria for an anxiety disorder by the age of eighteen. (National Institute of Mental Health) It is our responsibility to address those struggles so that our youth can build the confidence they need to achieve their dreams.

OUR SOLUTION

To truly level the playing field, it takes committed and inspirational mentors, academic and mental health support, and access to college and career readiness pathways. Through this approach, we inspire youth to chase their dreams, and empower them to get there.

Powered in partnership
with leading **academic**
and **mental well-being**
organizations.



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Program Outcomes

IN JUST 5 MONTHS...

- ★ **2.6** Increase in GPA for the top 25% of program attendees
- ★ **90%** Of our scholars agree “I now have a clearer understanding of my college and career options”
- ★ **16** The highest point increase in GPA for our most improved scholar
- ★ **87%** Agree “I now understand how to enter my desired career”
- ★ **100%** Scholars agree “I learned skills that I can use to overcome life challenges”
- ★ **86%** of students reported feeling connected to their community, a 9% increase from pre-program results.

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"I have multiple dreams, and the program mentors are guiding me on how to stay focused on my path to college and are always there to support me. I will always be grateful for this opportunity!"

Madison - DRBF Scholar





Program Components + Student Learning Objectives



One-on-Ones + Learning Labs: 9th Grade Objectives

Our combination of 1:1 mentoring and group work, all in one 2-hour session per week. Students meet 1:1 with their mentors and discuss academic and personal goals for the year. Scholars also engage in interactive Learning Labs on topics such as “Finding Your Career Path” and “How to Pay for College.”

- SMART Goals Definition and Development
- Foundational College Exploration
- Identification of Interests and Alignment to College Pathways
- Career Exploration and Pathway Definition

02

Small Group Tutoring: 9th Grade Objectives

Students meet in small groups once a week to learn how to level up their academic game as we teach skills such as active listening, efficient note-taking and productivity hacks.

- Identify and Implement note-taking strategies
- Identify and Implement study skills
- Implement Critical Thinking Skills
- Implement Problem Solving Skills
- Evaluate one's learning style(s)
- Reading Comprehension
- Writing Skills
- Listening Skills
- Vocabulary Literacy

OUR COMMITMENT

The DRBF Program is a multi-year commitment to each Scholar. We support our Scholars through their entire high school experience and through their first year in college no matter what.

03 Mental Wellness Coaching

Mental Well-being Support & Life Skill Development

Led by expert **Robin Coaches**, live group coaching provides a safe space for scholars to emotionally connect and support each other and learn skills to cope and thrive through life's challenges.

They'll practice and develop skills such as:



Self-Confidence



Emotion Regulation



Healthy Social Media Use



Resilience



Conflict Resolution



Mindfulness

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04 Inspiring NBA Mentors

Students get access to NBA players who will inspire them to dream big.



Dr. Richard Barnett

Co-Founder / Board of Directors
New York Knicks Hall of Famer

“The Dream Paradigm composes the disciplines of perseverance, sacrifice and determination driven by the unquenchable thirst to achieve a goal, scale an ambition, and live one’s dream. Dreams are often threatened by the many temptations young students face today. These obstacles challenge ambition on a daily basis, and must be overcome by commitment and dedication to your vision and dreams. A dream is a sustained philosophy of desire and purpose to help guide, focus and encourage one to continue the path of hard work, success and optimism. This is The Dream Paradigm.”



Walt “Clyde” Frazier

Board of Advisors
New York Knicks Hall of Famer

“This foundation is the core to helping out kids and giving them a chance, giving them motivation and believing in them. We always tell kids education is your way out and it’s essential that you apply yourself. Dr. Barnett, Earl Monroe, myself and a lot of the Knicks have always been very cognizant of being positive role models and giving back to the youth.”

Improving the world for generations to come.



Our Dream Team

The DRBF Foundation has partnered with leading organizations to provide the highest quality level of academic and mental health support for each Scholar. Connect with us to learn more about the Foundation or our mission-driven Partners.



alisteducation.com



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