## Robin

LESSON PLAN C	Consent (30-45 Minute Lesson) Date:	
	Speaking and Listening 1: Prepare for and participate effe ations with diverse partners; express ideas clearly and pe	
	oo, Know, Understand, Accomplish At End of Lesson/Goa v words (e.g. consent, informed, coercion, enthusiastic, ex Do I Use My Voice?	
Watch Video: <u>Tea Consent</u>	l <u>ongs to You</u> espect: A Video about Consent 5 related vocabulary words/key words	
Materials Needed: • Access to <u>Your Body Belong</u> • Access to <u>http://www.teacho</u> • Access to <u>Tea Consent</u> • This Lesson Planning Sheet	<u>is to You</u> video on Vimeo.com <u>consent.org/</u>	
<ul> <li>lesson. Allow students to kn refrain from participating. If provide an alternative activi</li> <li>Introduce Nyeesha Williams         <ul> <li><u>https://www.my-rob</u></li> <li>"Life isn't an easy ro it's always when we Whether it's changin friendship circle, or inner superpower."</li> </ul> </li> </ul>	s and read her commentary <u>bin.com/our-coaches/nyeesha-d-williams/</u> bad to travel, but it is definitely worth it. I guess for me, step inside ourselves that real change happens. ng who we are for the better, changing our home, our community. It begins and is founded solely on our - Coach Nyeesha	<u>Time:</u> 5 min.
<ul> <li>Watch <u>Your Body Belongs to</u> o <u>https://vimeo.com/e</u></li> </ul>	<u>o You</u> together as class <u>486087581</u> (3 minutes)	5
	ien you hear the word "consent"? sent to someone who doesn't know what it is?	min.

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	5-10
<ul> <li>Group Discussion:</li> <li>Watch Video: <u>Ask. Listen. Respect: A Video about Consent</u> together as a class (1</li> </ul>	min.
minute)	
<ul> <li>Ask students to name the examples of consent seen in the video</li> <li>Answers: "Can I come over?", "Want to shoot some hoops?", "Do you want to play?", "Do you want to see a movie?", "You want to kiss?"</li> </ul>	
<ul> <li>How did each person in the video respond when the other said "no"?</li> <li>In this video, the teens ask direct questions to see what the other person wants to do. How do you ask for consent with your friends? What do these conversations look like and sound like in your life?</li> </ul>	
	10-15
<u>Small Group Activity:</u> (Optional): Watch <u>Tea Consent</u> (3 mins)	min.
<ul> <li>Define consent as:</li> <li>A clear and enthusiastic "yes".</li> <li>An active, voluntary, and verbal agreement.</li> <li>A process and a conversation.</li> <li>Something that can be withdrawn at any time.</li> </ul>	
Divide students into pairs to practice giving and withdrawing consent. One student asks their partner to do something, the partner gives consent, and the student responds appropriately. Switch roles, then switch back. Make sure each student has the opportunity to practice saying "yes," "no," and giving an ambiguous answer. Then regroup to discuss as a class.	
<ul> <li>Discuss:</li> <li>How did doing this activity make you feel?</li> <li>Were any parts easier than others?</li> <li>Why do you think that is?</li> </ul>	
Closing/Exit Ticket:	5-10 min.
<ul> <li>Closing/Exit Ticket:</li> <li>Have students write a few paragraphs reflecting on the following questions:</li> <li>Have you ever felt pressured into doing something you didn't want to do?</li> <li>How did that make you feel?</li> <li>How would you handle the situation differently if it came up again?</li> </ul>	